

David L. Bodenhamer Center

Fitness & Recreation

Rate Sheet

Effective Date: 5/8/06

	<u>Single</u>	<u>Couple</u>	<u>Family</u>	<u>Senior Single</u>	<u>Senior Couple</u>	<u>Senior Family</u>
Memberships/Residents						
• Pool Membership (Pool, Basketball Courts, R'ball Court, Track)	\$120.00	\$180.00	\$240.00	\$80.00	\$120.00	\$160.00
• Fitness Membership (Fitness Cntr, Basketball Courts, R'ball Court, Track)	\$180.00	\$240.00	\$300.00	\$120.00	\$160.00	\$200.00
• Full Membership (All areas)	\$240.00	\$300.00	\$360.00	\$160.00	\$200.00	\$240.00

	<u>Single</u>	<u>Couple</u>	<u>Family</u>	<u>Senior Single</u>	<u>Senior Couple</u>	<u>Senior Family</u>
Memberships/Non-Residents						
• Pool Membership (Pool, Basketball Courts, R'ball Court, Track)	\$180.00	\$270.00	\$360.00	\$145.00	\$215.00	\$290.00
• Fitness Membership (Fitness Cntr, Basketball Courts, R'ball Court, Track)	\$270.00	\$362.00	\$450.00	\$215.00	\$290.00	\$360.00
• Full Membership (All areas)	\$360.00	\$450.00	\$540.00	\$290.00	\$360.00	\$430.00

Passes

• Weekly	\$25.00	\$40.00	\$50.00
• Monthly	\$60.00	\$75.00	\$90.00
• Quarterly	\$120.00	\$150.00	\$180.00

The Weekly, Monthly, and Quarterly passes cover all areas of the facility except special programs.

Daily Passes

- A daily pass of \$3.00 for all areas except Fitness Room and Pool
- Fitness Room Pass \$5.00
- Daily Swimming Pool pass, \$3.00 for ages 13 and above/\$2.00 for age 12 and below/\$2.00 for Senior Citizens.

Student Pass

- Student Quarterly Pool – Resident, \$50.00/Non-Resident, \$80.00
- Student Quarterly Full – Resident, \$75.00/Non-Resident, \$100.00

Summer Student Pass

- Resident, \$25.00
- Non-Resident, \$35.00

The Summer Student Pass includes: Basketball Court, Game Area, Racquetball Courts, and Swimming Pool. Available for youth 18 years of age and younger. Children under the age of 10 must have parental supervision or be supervised by a person 15 years or older. Pass is only valid when Baldwin County School System dismisses for Summer break and will expire when school resumes.

Corporate Memberships are available. Contact the Administrative Office (251-968-1422) or email Kathryn Emerson, kemerson@gulfshoresal.gov, for more information.

Click Here for [Definitions](#), [Policies](#) and [Procedures](#)

Definitions, Policies and Procedures

DEFINITIONS:

- **Resident:** A person who lives on a permanent basis within the corporate limits of the city.
- **Non-Resident:** Any person who is not a resident.
- **Single:** An individual person.
- **Couple:**
 - A married couple with no dependents
 - A single parent with one dependent
 - Parent/Guardian that is a mother/father or responsible adult who has the care of a dependent child or dependent adult.
- **Family:**
 - A single parent with two or more dependents
 - A married couple with one or more dependent children who resides in the same household.
 - Parent/Guardian that is a mother/father or responsible adult who has the care of a dependent child or dependent adult.
- **Adult:** A person 18 years of age and older
- **Dependent Child:** A child under the age of 19/ A child age 19 or older who is a full time student may also be considered a dependent child.
- **Senior Single:** An individual age 55 or older.
- **Senior Couple:** A married couple with no dependents where either or both are age 55 or older.
- **Senior Family:** A single parent or married couple, where the age of at least one person is 55 or older, and with at least one dependent child residing in the same household.

Facility Hours:

Monday – Friday	7:00 AM- 9:00 PM
Saturday	8:00 AM – 6:00 PM
Sunday	1:00 PM – 6:00 PM

Administrative Offices:

Office hours are from 8:00 AM to 5:00 PM, Monday through Friday.

POLICIES AND PROCEDURES:

Control Desk:

- Members must scan key tag upon entering the Recreation Center.
- All fees must be paid at control desk prior to any activity.
- A waiver must be completed for all programs.

General Facility Rules:

- The Recreation Center is open for membership to residents and non-residents. All members using the building for any reason must have a key tag.
- Non-members must stop at the control desk prior to any activity and purchase a wrist band that will correspond to the area of admittance.
- Children must be at least 10 years of age to enter the building without adult supervision. Age limits apply to the Track, Pool, and Fitness Center.
- Food and drinks are allowed in the Commons Area only.
- Profanity, destructive, and/or aggressive behavior WILL NOT be tolerated.
- Shirts and shoes must be worn outside of locker room and pool areas.
- NO SMOKING IS ALLOWED IN ANY PART OF THE BUILDING.
- Behavior not respectful of the Recreation Center policies and procedures may result in the SUSPENSION or REVOKING of membership or pass.
- Children ages 9 and under must have an adult OR a person 15 years or older in the building AT ALL TIMES.

Indoor Track:

- Children under the age of 14 MUST be accompanied by an adult on the track at all times.
- Proper attire must be worn at all times. (Shirt and Shoes Required)
- Groups must be no more than 2 lanes wide.
- No baby strollers allowed on the track. Infant backpacks may be used.
- Walkers should stay to the inside of the track. Runners should stay to the outside.

Fitness Center:

- No one under the age of 15 is permitted in the Fitness Center. Exceptions with the approval of the Director or signed waiver ONLY.
- Proper attire must be worn at all times. (Shirts and bottoms must be worn. Absolutely NO open-toed shoes will be allowed. No swimsuits)
- Re-rack all plates and dumbbells when you are finished using them. Be considerate by giving others access to equipment in between multiple sets or repetitions.
- Do not remove any plates or dumbbells from Fitness Center for any reason.
- Please limit time to 20 minutes on all cardio equipment. If the desired equipment is unavailable, there will be a sign-up sheet to use for reserving your usage time.
- Please clean equipment after use. There are antibacterial wipes available for use.
- Anyone wishing to begin a resistance training program should ask for instruction prior to beginning.

Aerobics:

- Class fees may apply
- Class sizes may be limited
- Children over the age of 7 are allowed to participate and/or observe QUIETLY with adult supervision. Any disruptive behavior will result in removal from the class.
- No infants or toddlers will be permitted in the room during aerobics classes.
- To minimize the risk of injury, participants will be asked to remain in the class through the cool-down period.

Gymnasium:

- Children under the age of 9 must have an adult or person 15 years or older in the building at all times.
- Food and drinks are not allowed in the gym. Closed water bottles are acceptable.
- Black soled shoes or any other shoe that marks the surface of the gym floor will not be permitted. Athletic shoes only.
- Profanity will not be tolerated.
- Disruptive, destructive, and/or aggressive behavior is not allowed.

Racquetball:

- Children ages 10 and under must have adult supervision.
- Black soled shoes or any other shoe that marks the surface of the floor will not be permitted. Athletic shoes only.
- Food and drinks are not permitted inside the racquetball courts.
- Profanity will not be tolerated.
- Disruptive, destructive, and/or aggressive behavior is not allowed.
- Racquetballs, rackets, and protective glasses may be checked out upon receipt of key tag at the control desk.
- Reservations for the racquetball courts may be made in one week intervals (Monday through Sunday). Reservations are limited to one hour.

Pool:

- All persons using the pool must shower before entering the pool enclosure.
- Any person having an infectious or communicable disease is prohibited from using a public pool.
- Persons having open blisters, cuts, etc. are advised not to use the pool.
- No floating devices will be allowed in the deep end of the pool except with prior approval of the aquatics director.
- Small children may not use the diving board while wearing floats or masks.
- A child must be able to swim the width of the deep end of the pool in order to use the diving board.
- Children under the age of 9 must have an adult or person 15 years or older in the building at all times.
- Swim diapers MUST be worn by all infant and toddlers not yet potty-trained and are available for purchase at the control desk.

For further information please contact Kathryn Emerson at kemerson@gulfshoresal.gov

Comments and suggestions are welcome.